



Which is the ideal Curriculum?




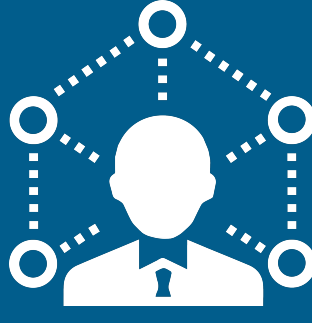
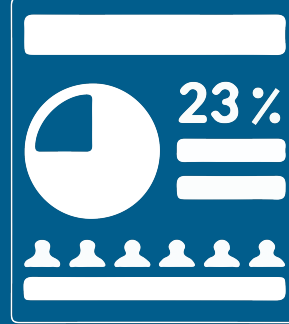
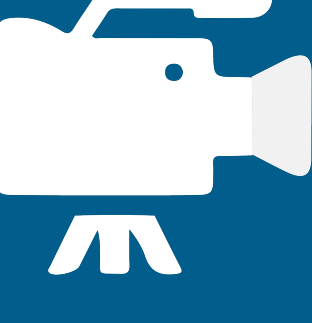


Get to know the strengths and the weaknesses of the different types of CV

CURRICULUM MODELS

Choose the type of CV that best fits your profile

There are various models of CV and each one allows us to highlight different aspects or qualities of our professional career.


Model	Strength	Risks	Ideal for
Reverse chronological  Shows information arranged in time order, from newer to older.	Clear and easily understood. Highlights the latest experience gained and training carried out.	Periods of inactivity are more visible.	Upward professional career paths. People with stable and extensive professional experience.
Functional  Professional experience is grouped by functions or tasks.	Flexible: it allows the importance given to each function to be adjusted.	It's difficult to see the number of years of experience gained in each job.	People who have carried out similar tasks with different companies. Make periods of inactivity less obvious. Those changing career.
Thematic  Professional experience is organised according to the areas or sectors in which you have worked.	The sectors in which you have worked will be quickly identified. It allows you to highlight what most interests you.	It may be harder to identify what your professional objective is.	People with relevant professional experience in different sectors. Makes periods of inactivity less obvious.
Skills  Structured around the key skills.	Shows valuable information about how the task was carried out.	It dilutes the importance of experience and training in the professional career. Not all companies are used to receiving CVs like this.	Those changing career. Occupations requiring very specific skills. Promotions within the same professional field.
Infographic  Displays the professional career in a visual way.	It captures the attention of the reader. It demonstrates creative, organisational and analytical thinking capabilities.	The company may request a standard CV in addition. How to choose the information that is to be incorporated must be known well.	Innovative and creative profiles. Standing out from the rest and creating an impact on the recruiter.
Video CV  Gives voice and movement to your career history.	Demonstrates attitudes, communication skills and presentation organisation. It allows for a more direct appeal.	You can't make a direct transfer of the CV from paper to video; it will have to be altered. The company can request a standard CV in addition.	Demonstrates the ability to communicate and the mastery of languages. Presenting work carried out. Highlighting key creative skills.

The experts recommend:

- ✓ There is no perfect CV model. Before choosing one, think what you want to emphasise, because each model will offer a different view of your application.
- ✓ You can have different models of your CV to be used for different applications.



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- [How to update your CV +](#)
- [The job search process +](#)