

# Sport and Wellness

Job search resources



Ajuntament de  
Barcelona



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This document aims to relate the main resources and channels that must be considered for a job search focused on the Sport and Wellness sector.

The main resources and channels of this sector are grouped into the following sections:

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## Cover image

*Aerial view of the Barcelona Marathon*

*Vicente Zambrano González*



### DID YOU KNOW THAT...

**Specialised employment websites** unite job offers from a specific profession or sector. They are a useful tool both for companies, who need to recruit increasingly **specialised talent**, and for job searchers who want to find offers more focused on their areas of interest. These websites usually have a reduced number of jobs on offer, but they are more aligned with your professional profile and you will find **less competition**.

### REMEMBER!

You will also find specific offers in general employment websites filtering by keyword, such as “**health**”, “**sport**”, “**fitness**”, “**wellness**” and others related to your occupation.

### FOCUSING

According to 2020 data, sport contributed with **3.3%** of the Spanish GDP and created about **414,000 jobs**. On the same year, the wellness industry accounted for over **5.3%** of the global economy.

## 01. Specialised employment websites

### Empleo y Deporte

<https://www.empleoydeporte.com/unregistered-search>

International employment website mainly specialised in the world of fitness. They also offer information about events and training programmes.

### Fit and Jobs

<https://www.fitandjobs.com/>

Spanish employment website specialised in connecting sports centres and sports instructors. Job offers may be filtered per area of specialisation and province.

### Futbol Jobs

<https://futboljobs.com/bolsa-empleo-futbol/>

International career site dedicated to posting job offers in the football industry. Vacancies offered on this website include football players, technical staff, physical trainers and analysts.

### Job Wellfit

<https://onwellfit.com/job/>

Employment website specialised in fitness. Job offers may be filtered by autonomous community and sports discipline.

### Sports Jobs Catalunya

<https://www.sportsjobs.cat/>

Employment website offering vacancies in the sports sector, promoted by the Catalan Sports Cluster (INDESCAT).

### Wellbeing solutions

<https://wellbeingsolutions.es/ca/ofertes/>

Career site specialised in wellness and health. Their website includes an ‘Education’ section, which displays master’s degrees related to this sector.

### Welltodo

<https://welltodocareers.com/>

Career site in English specialised in wellness job offers in English-speaking countries (USA and the UK).

### DID YOU KNOW THAT...

These companies aim to **select a candidate** to cover for a specific role for the customer company. Therefore, temporary recruitment agencies, head-hunters and service companies become a **key channel** to access certain offers and companies in the sector. Besides, they manage several job offers at the same time, so by applying through these companies you will have access to **offers from different clients**.

### REMEMBER!

Recently there has been a boom in **intermediate companies** and **sports agencies** that recruit Sport and Wellness professionals for other organisations: mainly clubs, federations, wellness centres and hotels.

### FOCUSING

The most in-demand professional profiles in this sector are **personal trainers**, **physical trainers** and **natural therapeutic specialists**.

## 02. Recruitment and intermediary companies

### Best of you

<https://www.bestofyou.es>

Sports representation agency offering, amongst other services, legal advice and education services.

### Conswell

<https://www.conswell.es/cont%C3%A1ctenos>

Consulting company specialised in wellness, mainly spas and health resorts. Amongst others, they recruit staff for wellness centres.

### Sport Talent

<https://sportalent.es/encuentra-trabajo-en-deporte/>

Company specialised in searching for and recruiting staff in the field of sports.

### Sporting Group

<https://www.sportinggroup.es/trabaja-con-nosotros-previo>

Holding company providing services related to physical activity, dynamisation and entertainment at hotels.

### Sports Mol consulting

<http://www.sportsmol.net/ca/Contacto>

Company dedicated to organising sports events, amongst others. They are based in El Masnou (Barcelona).

### Tandhem

<https://tandhem.com>

Sports representation agency specialised in talent management and sports marketing.

### DID YOU KNOW THAT...

Self-applying to a company before they post a job offer is a good way to **anticipate their demand for personnel** and show interest in joining their team. For your self-application to succeed, you will need to **send a cover letter alongside your CV** and follow up on your application. Immediate results are not guaranteed, but you might be selected for unpublished offers and **reduce competition to a minimum**.

### REMEMBER!

Sport and Wellness mean **being passionate** about a healthy lifestyle, an improvement in **physical and mental wellness**, and the world of sports and personal growth. These values are highly regarded in application processes. **Make them stand out!**

### FOCUSING

Barcelona is a city of sports and wellness. This is proven by international rankings: Barcelona is the **4th sports city in the world** (**Burson Cohn & Wolfe Ranking 2021**) and the **3rd in wellness tourism** (**Global Wellness Tourism Economy report, 2018**).

## 03. Self-application

### A) COMPANIES

**Companies in the sector related to sports and physical activity:**

#### Atles sports

<http://atlesesports.cat/vols-treballar-amb-nosaltres/>

Municipal sports centre group including CEM l'Espanya Industrial and la Bordeta, in Barcelona. Candidates may self-apply through their website.

#### Avento Consultoria

<https://www.aventoconsultoria.com/es/localizacion-y-contacto/>

Consulting company dedicated to providing sports-related advice to federations, clubs, schools and companies in the sports sector.

#### Barcelona Bosc Urbà

<https://www.barcelonaboscurba.com/contacte/>

Adventure park located in the Barcelona Fòrum offering, amongst others, adventure circuits, a high trampoline and zip-lines.

#### Centre d'Alt Rendiment de Sant Cugat - CAR

<https://www.car.edu/contacte/italitzacio/>

International centre providing support and training to high-level athletes in Catalonia. It is located in Sant Cugat del Vallès.

#### CEM Joan Miró

<https://www.cejoanmiro.cat/contacte/>

Sports facilities (gym) belonging to the public network of sports facilities of Barcelona. There are others, such as **CEM de Ciutat Vella**, **CEM Bac de Roda** and **CEM Guinardó**. Candidates may self-apply to these municipal sports centres through the links provided.

#### Claror

<https://claror.cat/>

Claror group, with headquarters in Barcelona, manages sports and fitness clubs. Candidates may consult them and self-apply through the link provided.

#### Club Natació Barcelona

<http://www.cnb.cat>

Sports centre offering a wide range of sports services and facilities, located by the Sant Sebastià beach in Barcelona. Candidates may send their CVs to the email address displayed at the bottom of their website.

### Decathlon

<https://trabajaconnosotros.decathlon.es/inscribirse/>

Sports trade company recruiting sports professionals from different disciplines who offer expert advice to their customers. They publish their available job offers on their site.

### DIR

<https://www.dir.cat/ca/treball>

Sports centre group specialised in the fitness world. Candidates will find available job offers on their website, including sports trainers, yoga instructors and dieticians.

### Duet Sports

<https://www.duetsports.com/>

Company dedicated to creating and managing municipal sports centres. To self-apply, candidates should write an email to the address provided on the "Contact" section.

### Esportec

<https://www.esportec.cat/ca/contacte/>

Tourism company dedicated to adventure, sports, sea and snow activities in Catalonia (Costa Daurada, Pirineu, Penedès, Tarragona, etc.).

### Eurofitness

<https://eurofitness.com/ca/vols-treballar-amb-nosaltres/>

Sports centre group specialised in the areas of sports and health. Candidates may send their CVs to the email address provided on their website.

### Futbol Club Barcelona - FCB

<https://www.fcbarcelona.cat/ca/club/contacte>

Internationally leading football club based in Barcelona.

### Imatge de l'esport

<http://www.imatgedelesport.cat/#contacte>

Company dedicated to organising sports events, mainly track races. Candidates may self-apply by sending an email to the address provided on their website.

### Metropolitan

<https://clubmetropolitan.net/quieres-trabajar-con-nosotros>

Spanish gym chain focusing their services on the world of sports and health. They offer physiology and nutrition services, so they are interested in professional profiles related to these areas.

### Reial Club Deportiu Espanyol de Barcelona - RCD Espanyol

<https://www.rcdespanyol.com/es/>

Leading football club based in Barcelona.

### VivaGym

<https://empleo.vivagym.es/>

VivaGym Group is a gym chain operating in Spain and Portugal. There is an employment site on their website, where they publish all available job offers.

### Companies in the sector related to wellness:

#### 1850 Urban Spa Barcelona

<https://www.1850urbanspabarcelona.com/es/contactar>

Wellness centre offering massage, therapy and beauty services. Besides, they have a spa area and other innovative experiences.

### Centre Holistic

<https://centreholistic.com>

Centre specialised in traditional Chinese medicine (acupuncture, herbal medicine and energetic dietary), Oriental manual therapies (*shiatsu* and *okyu*) and other manual therapies (chiromassage and craniosacral therapy).

### Centre Integra

<https://www.centrointegra.es/>

Centre offering natural therapies such as naturopathy, acupuncture, Bach flowers and foot reflexology. They also offer holistic treatments, conferences and courses.

### Centre Namaste

<https://centrenamaste.com>

Centre dedicated to personal development and growth. They offer regular classes of different disciplines such as reiki, yoga, meditation and *chi kung*. Their website also has a calendar of courses and workshops.

### Centro Kineos

<https://www.centrokineos.com/contacto>

Therapy centre with different areas: osteopathy; physiotherapy and posturology; child stimulation; kinesiology, natural therapies and integrative medicine. They also offer training in a wide range of alternative therapies.

### Confort Centre Quiromassatge

<https://confortmassage.com/ca/contacto/>

Centre specialised in therapeutic, relaxing, couples and sports massage as well as in beauty treatments, amongst others.

### El camino de Tanit

<http://elcaminodetanit.com>

Centre specialised in natural therapies and traditional Chinese medicine. They offer a wide range of group activities such as *chi kung*, courses, workshops and lectures.

### Happy yoga

<https://happyyoga.cat/>

Yoga school offering trainings in different yoga styles, some of which include a professional certificate. They have different centres in Barcelona.

### Institut de Salut Holística

<https://institutsalutholistica.com/medicina-integrativa/contacta-con-nosotros/>

Centre specialised in alternative therapies, integrative medicine and personal growth.

### Integral Cooperativa de Salut

<https://integralcentremedic.com/ca/contacte/>

Cooperative offering services related to traditional Chinese medicine and acupuncture, naturist and homoeopathic medicine, personal development, family therapy, art therapy, chiromassage, child osteopathy and nutritional and ecomotional kinesiology.

### Més Salut Horta

<https://www.messaluthorta.com/contacto/>

Wellness and sports centre offering, amongst others, body and face treatments, massages, acupuncture, Chinese medicine and CrossFit.

### **Motec**

<https://www.osteopatiamotec.com/>

Medical centre offering services focused on osteopathy for pregnant women, for tinnitus and for migraines and headaches. Candidates may send their CV to the email address provided on the website.

### **Shri Vivek Yoga**

<https://shrivivekyoga.org/contacto/>

Company offering a wide range of services around yoga and meditation. Candidates may self-apply through the link provided.

### **Slow Spa**

<https://slowspabarcelona.com/ca/contacte/>

Centre specialised in massages, body treatments and other multi-sensorial experiences with organic products.

### **Yoga One**

<https://www.yogaone.es/>

Yoga centre offering classes in different levels and styles. They have several studios in Barcelona and other areas in Catalonia.

## **B) SPECIFIC DIRECTORIES**

### **Easy Buy**

<https://easy-buy.es/directorio-de-empresas/empresas-deportes/#/provincia-barcelona>

Website offering a directory of sports companies in the Barcelona province. Results may be filtered by city.

### **Esteticahidrotermal.net**

[http://www.imagenpersonal.com/esthidro/baln/baln\\_catal.htm](http://www.imagenpersonal.com/esthidro/baln/baln_catal.htm)

Directory of Spanish companies related to hydrology and hydrothermal aesthetics, amongst others. Results may be filtered by autonomous community.

### **Gimnasios de Barcelona**

<https://www.gimnasiosbarcelona.org/>

Directory of gyms and fitness-wellness centres in the Barcelona province. Results may be filtered by city district or county.

### **Informa Directori d'empreses**

[https://www.informa.es/directorio-empresas/931\\_ACTIVIDADES-DEPORTIVAS/Provincia\\_BARCELONA.html](https://www.informa.es/directorio-empresas/931_ACTIVIDADES-DEPORTIVAS/Provincia_BARCELONA.html)

Catalogue of companies dedicated to sports, facility management, gyms, sports clubs and other activities in the city of Barcelona.

### **Portales médicos - Centros de Medicina Alternativa**

<https://www.portalesmedicos.com/enlaces-medicina-enfermeria/categoria/medicina-alternativa/clinicas-y-centros-de-medicina-alternativa/>

Compilation of the main alternative medicine centres in Spain.

### **Yogaes.com**

<https://www.yogaes.com/centros/centros.php?provincia=Barcelona%20-%20capital>

Directory of yoga centres in Barcelona.

### DID YOU KNOW THAT...

Colleges and professional associations are organisations that **defend and promote the interests of a certain occupation or trade**. Most common services offered include: information, regulatory and legal advising, refresher courses and career site, where you may find suitable offers for your profile. Besides, by joining these organisations you will easily meet other professionals and **expand your contact network**.

### REMEMBER!

Professionals of certain trades, such as acupuncture and physiotherapy, **must become members of their professional association in order to practise**. Being a member will also help you to develop your profession as well as receive legal advice and up-to-date information. **Get informed and get started!**

### FOCUSING

A recently consolidated **key trend** is the development of **wearables** (electronic devices) and **smart textiles** that gather biometric parameters to monitor health and sports performance.

## 04. Professional associations and leading training centres

### A) COLLEGES AND PROFESSIONAL ASSOCIATIONS

#### Asociación Española de Masaje Infantil

<http://www.masajeinfantil.org/>

Barcelona-based Spanish association promoting child massage and offering related training programmes.

#### Asociación Española de Medicina Holística - ASEMEH

<https://asemeh.info/>

The Spanish Association of Holistic Medicine brings together professionals in alternative medicine such as homeopathy, chromotherapy and acupuncture.

#### Asociación Española de Wellness-Spa

<https://aprendermasaje.es/>

Organisation seeking to promote activities and services offered in health resorts, spas and hydrotherapy centres, as well as the hydrotherapy culture, thalassotherapy and others. They also offer training programmes, some of which are subsidised.

#### Associació Balneària

<http://www.balneario.org/balnearis/>

Organisation grouping most health resorts in Catalonia. Their website displays a directory of health resorts and their services.

#### Associació d'Empreses de Catalunya d'Activitat Física i Fitness - ADECAFF

<https://adecaff.cat/>

Organisation that brings together professionals and companies in the sector of sports facilities in Catalonia. Members may benefit from training activities and custom training programmes, amongst others.

#### Barcelona Sports Tech HUB23

<http://hub23.io/>

Sports and technology hub seeking to position Barcelona as an international benchmark in the sports tech sector. They offer a service and events catalogue for members, companies and start-ups.

#### Cofenat

<https://www.cofenat.es/es/terapias-naturales.html>

Association of professionals and freelancers working in natural therapies: Chinese traditional medicine, osteopathy, acupuncture and naturopathy. They offer continuous training and relevant articles.

### **Col·legi de Professionals de l'Activitat Física i de l'Esport de Catalunya - COPLEFC**

<https://www.coplefc.cat/borsa-treball>

Professional association for graduates in physical education and physical activity and sport sciences in Catalonia.

### **Federación Española de Entrenadores Personales y Fitness - FEEPYPF**

<https://feepyf.com/>

The Spanish Federation of Personal Trainers and Fitness brings together professionals of different fitness modalities in Spain.

### **Fundació d'Osteopatia de Barcelona**

<https://fundacioosteopatiabcn.com>

Foundation promoting osteopathy as a profession with its own identity. They offer services in grants and aids, social action and research.

### **Observatori Català de l'Esport**

[https://inefc.gencat.cat/ca/inefc/projectes\\_institucionals/observatori-de-lesport/](https://inefc.gencat.cat/ca/inefc/projectes_institucionals/observatori-de-lesport/)

Service created by the General Secretariat of Sports of the Generalitat of Catalonia. They offer, amongst other services, data about sports habits and sports economy as well as counselling in matters of training and employment.

### **Sociedad Española de Medicina Homeopática - SEMH**

<http://semh.org>

SEMH (Spanish Society for Homoeopathic Medicine) is a scientific society that promotes research and the development of homoeopathic knowledge. They also represent professionals in the fields of medicine, pharmacy and veterinary interested in homeopathy.

### **Sociedad Española de Salud y Medicina Integrativa - SESMI**

<https://sesmi.es/>

SESMI (Spanish Society for Integrative Health and Medicine) brings together professionals of different health areas. These include medicine, nursing, nutrition, acupuncture, homeopathy, orthomolecular medicine, neural therapy, phitotherapy and posturology, amongst many other specialities.

### **Societat d'Acupuntors de Catalunya - SAC**

<https://www.sac-aae.org/ca/>

Catalan acupuncture organisation offering training programmes and specific courses as well as legal and administrative advice to professionals.

### **Unió de Federacions Esportives de Catalunya - UFEC**

<https://www.ufec.cat/>

UFEC is the Union of Sportive Federations of Catalonia. Their website displays a directory of Catalan federations as well as the latest news in the sector.

## **B) UNIVERSITIES AND SCHOOLS**

### **ANEF**

<https://anefead.com/>

Fitness, training, nutrition and health school. They also offer free training courses.

### **Blanquerna**

<https://www.blanquerna.edu/ca/fcs>

Degrees and Master's programmes related to the Sports and Wellness sector are offered at the Faculty of Health Sciences and the Faculty of Psychology and Educational and Sports Sciences.

### **Centre d'Estudis Superiors Dolmen Salut**

<https://dolmensalut.com/>

School that offers training in natural and manual therapies, such as osteopathy or naturopathy, among others. It also has master's programmes, specialized courses, seminars and master classes.

### **CET 10**

<https://cet10.com/centre-de-formacio-cet10/>

Business group managing several sports centres, facilities and services. They also offer training in the fields of sports and educational leisure.

### **Escola d'Osteopatia de Barcelona**

<https://www.eobosteopatia.com/ca/>

It offers a Master Degree in Osteopathy, with the support of the European School of Osteopathy (ESO) and taught in collaboration with UPF. The programme is aimed at Health Sciences graduates.

### **Escola Fundació Universitat Autònoma de Barcelona**

<https://www.uab.cat/web/estudiar/l-oferta-de-masters-oficials/informacio-general/gestio-esportiva/sport-management-1096480139517.html?param1=1345696886751>

This educational centre offers master's degree programmes in the field of sports.

### **Escola Superior de Medicina Tradicional Xinesa - ESMTC**

<https://www.esmtc.es/>

It offers higher studies of acupuncture and Chinese medicine, as well as continuous training and master's degrees for specialization in the wellness field. This school is endorsed by Yunnan's and Beijing's Chinese traditional medicine universities.

### **Euncet Business School**

<https://www.euncet.es/es>

This centre attached to the Universitat Politècnica de Catalunya offers degrees and master's degree programmes in the field of sports.

### **Federación Española y Catalana de Actividades dirigidas y Fitness - FEDA**

<https://www.fedabarcelona.es/>

The Spanish and Catalan Federation for Exercise Classes and Fitness is an organisation dedicated to training fitness and wellness professionals. They offer training courses and a career site mainly for members of the federation.

### **Institut de l'Esport de Barcelona - IEB**

<http://www.ieb.cat/>

IEB is a public vocational training school. They offer a catalogue of training programmes in the field of physical activities.

### **Institut Nacional d'Educació Física de Catalunya - INEFC**

[https://inefc.gencat.cat/ca/inici?id\\_pagina=1](https://inefc.gencat.cat/ca/inici?id_pagina=1)

The National Institute of Physical Education of Catalonia, affiliated to the Generalitat of Catalonia, is one of the bodies through which public policies related to sports are promoted. Their educational offer includes undergraduate degrees, master's degrees and postgraduate degrees.

### **Institut Superior de Medicines Tradicionals - ISMET**

<https://ismet.es/>

The website of the Higher Institute of Traditional Medicines offers information about the therapies they promote and the international congress of natural therapies, amongst others.

### **Instituto DYN**

<https://institutodyn.com/>

Instituto DYN offers training programmes in nutrition and dietetics, sports health, natural therapies, cosmetics and beauty.

### **Tecnocampus**

<https://www.tecnocampus.cat/escoles-superiors-del-tecnocampus/escola-superior-de-ciencies-de-la-salut>

This centre is attached to Pompeu Fabra University and offers master's degrees and programmes in the sports field.

### **Universitat Autònoma de Barcelona - UAB**

<https://www.uab.cat/psicologia/>

The Faculty of Psychology of the UAB offers master's degree programmes in the sports field.

### **Universitat de Barcelona - UB**

<https://www.ub.edu/portal/web/educacio/masters-universitaris/-/ensenyament/detallEnsenyament/1072117>

The Faculty of Economics and Business and the Faculty of Education offer master's and doctoral programmes in the sports field.

### **Universitat Oberta de Catalunya - UOC**

<https://estudis.uoc.edu/ca/masters-universitaris/alimentacio-activitat-fisica-esport/presentacio>

This university offers master's degree programmes related to the sports field.

### **Universitat Pompeu Fabra - UPF**

<https://www.upf.edu/web/dret/masters>

This university offers a master's degree in the sports field.

### **Wellness Coaching**

<https://wellnesscoachinstitute.es/>

Company specialised in the wellness field. They offer training courses, certifications and consulting services.

### DID YOU KNOW THAT...

Networking, either online or in person, allows you to access to certain **offers that are not published in usual sites**, as well as widen your **contact network**. To network successfully, focus on the relationship as **an exchange** through which useful information is shared and received. So: make yourself visible, interact and share! In exchange, you will receive opportunities, proposals and recommendations that will boost your job search.

### REMEMBER!

**Training** in new techniques or therapies, **taking part in competitions**, enrolling in **training groups** or **attending congresses** are great opportunities to learn and connect with other professionals of your sector. Join in and **reinforce your connections!**

### FOCUSING

**Big data** makes it possible to **monitor the health of individuals**, as well as the **performance of athletes and teams**. Techniques, therapies and recommendations may be adapted to each individual case.

## 05. Networking

### A) ORGANISATIONS

#### Barça Innovation HUB

<https://barcainnovationhub.com/es/>

The goal of Barça Innovation HUB is to create an ecosystem for knowledge and innovation in collaboration with brands, universities, research centres, start-ups, entrepreneurs, students, athletes and investors.

#### Clapp!

<https://clappem.com/>

Website and mobile app that allows users to connect with other members of the sports community to train together as well as organise events and activities.

#### Dothegap

<https://dothegap.com/es/page/que-es>

Digital platform promoting the exchange of cultural and sports experiences and activities around the world.

#### Impulsyn

[https://www.impulsyn.com/?lang=es&utm\\_source=Google&utm\\_campaign=GoogleAds\\_Impulsyn](https://www.impulsyn.com/?lang=es&utm_source=Google&utm_campaign=GoogleAds_Impulsyn)

Social network designed to help athletes develop their career in sports. Users may expand their contact network, search for new opportunities and get access to the available educational offers.

#### Indescat

<https://indescat.org/agenda/>

The Catalan cluster of the sports industry offers a dynamic calendar of events.

### B) DIGITALRESOURCES

#### Claror

<https://www.claror.cat/revistaclaror>

Magazine specialised in fitness, health and wellness.

#### CMD Sport

<https://www.cmdsport.com/>

Magazine specialised in the field of sports and its different modalities.

#### Cuerpomente

<https://www.cuerpomente.com>

Magazine specialised in meditation, yoga and emotional wellness.

#### Journal of Integrative Medicine - JIM

<http://www.jcimjournal.com/EN/2095-4964/home.shtml>

Journal publishing reports in English about alternative medicine.

### **Revista Masaje**

<https://revistadelmasaje.com/>

Magazine specialised in massages and other natural therapies.

### **The School of Homeopathy**

<https://www.homeopathyschool.com/news/>

Blog in English about homeopathy.

### DID YOU KNOW THAT...

Attending conferences and events is a **source of knowledge and interest** for any professional. Firstly, conferences and talks available usually shed light on **new trends** in the sector. Secondly, networking areas that are available in these type of events promote **new collaborations and professional opportunities**. All in all, they are a good way to keep yourself up to date and contact companies in your sector.

### REMEMBER!

Participating in exhibitions allows you to **stay up-to-date with the latest news** as well as to **attend technical workshops and project releases** of your sector. You may particularly take advantage of those being held in our city, such as Expo Sports and Biocultura.

### FOCUSING

**Robots** are also applied in sports and wellness: for instance, to **design high-performance trainings** and perform **faster and more precise acupuncture sessions**.

## 06. Conferences and events

### Asociación de Salud y Medicina Integrativa - ASyMI

<https://asymi.es/eventos/>

Calendar of events, both internal and external, of the Association of Integrative Health and Medicine.

### Barcelona Yoga Conference - BYC

<https://www.barcelonayogaconference.cat/ca/>

Yogic meeting open to people of all ages who are willing to learn, experience and discover yoga.

### BioCultura

<https://www.biocultura.org/barcelona/informacion>

Exhibition of ecological products and healthy habits, including activities and conferences related to health and holistic treatment.

### Cursa de la Mercè

<https://www.barcelona.cat/cursamerce/ca/inici.php>

Popular track race event held in Barcelona..

### Congrés Esport i Cooperació Internacional

<http://cooperaciocatalana.gencat.cat/ca/que-fem/campanyes/congres-esport-i-cooperacio-internacional/>

Congress dedicated to promoting sports and physical activity as an international cooperation tool for development.

### Congrés Internacional de l'Esport a les grans ciutats

<https://www.barcelona.cat/congres-esport-ciutats/>

Event focusing on the debate about sports models in cities, as well as future key points to address.

### Congreso Internacional en Terapias Naturales

<https://www.mtc.es/congresoterapiasnaturales/>

Event organised for professionals in natural therapies, such as acupuncture, osteopathy and naturopathy, amongst many others. It is held in Peñíscola (Valencian Community), but it may also be attended online.

### Congreso Nacional de Medicina Integrativa

<https://congreso.sesmi.es/>

Congress specialised in different specialties of medicine, from a holistic point of view.

### COSMOBEAUTY Barcelona

<https://cosmobeautybarcelona.com/>

Specialized Fair that is divided into two, one of them specialized in aesthetics, aesthetic medicine, spa, healthy life, alternative therapies, well.

### **Expo Eco Salut**

<https://www.expoecosalud.es/ca/>

Exhibition dedicated to natural products (food supplements, dietetics, ecological food and natural cosmetics), including technical workshops for natural therapies professionals.

### **Expo Sports**

<https://www.zurichmaratobarcelona.es/ca/expo-sports-espai-visitant/>

Exhibition of the latest news from the main brands in the sector, as well as a wide range of health and fitness products and services, particularly running.

### **Piscina and Wellness Barcelona**

<http://www.piscinawellness.com/>

Exhibition focused on the use of water to favour wellbeing, either in wellness centres or spas, with international exhibitors.